



2012 Workshop Schedule - Raleigh

Can't make a workshop? Ask for a DVD or go to teamchiro.com, watch a video, print and fill out the quiz, and hand it in on your next visit to receive credit!

Call or sign up in the office to reserve seats for you and your loved ones!
919.788.8881

The healthiest patients come to a workshop every month!

<i>Monday Evening, 6pm</i>		<i>Tuesday Afternoon, 12pm</i>	
January 3 rd (Tues 6pm)	Purification*	January 10 th	Health Goals for Life
January 16 th	Exercise	January 24 th	Purification*
January 30 th	How Do I Get Out of Pain?*	February 7 th	Stress
February 13 th	Emergency Response When Getting Sick	February 21 st	Deep Sleep
February 27 th	Stretching	March 6 th	Arthritis
March 12 th	Asthma/ Allergies	March 20 th	Lick the Sugar Habit / Diabetes
March 26 th	Spiritual Alignment	April 3 rd	Exercise
April 9 th	Stress	April 17 th	Headaches/Migraines
April 23 rd	Improve Blood Pressure and Cholesterol Naturally	May 1 st	<i>Advanced Exercise</i>
May 7 th	What Supplements Do I Need?*	May 15 th	Stretching
May 21 st	Detoxify (Purification Class 6/06)	May 29 th	Nutrition
June 4 th	Deep Sleep	June 12 th	Advanced Stretching*
June 18 th	Arthritis	June 26 th	Posture
July 2 nd	Exercise	July 10 th	Kids & Chiropractic*
July 16 th	Nutrition	July 24 th	How Do I Get Out of Pain?*
July 30 th	Diabetes*	August 7 th	Arthritis
August 13 th	Stretching	August 21 st	Headaches/Migraines
August 27 th	Deep Sleep	September 4 th	Lose Weight Naturally
September 10 th	Advanced Stretching*	September 18 th	Asthma/ Allergies
September 24 th	Advanced Exercise	October 2 nd	What Supplements Do I Need?
October 8 th	Nutrition	October 16 th	Stretching
October 22 nd	Arthritis	November 30 th	Stress
November 5 th	<i>Advanced Nutrition</i>	November 13 th	Emergency Response When Getting Sick
November 19 th	Detoxify	November 27 th	Spirituality
December 3 rd	Posture	December 11 th	Exercise in Alignment
December 17 th	Headaches/Migraines	xxxxxxxxxxx	xxxxholidaysxxx

* New Workshops