



2017 Workshop Schedule – Raleigh

Call or sign up in the office to reserve seats for you and your loved ones!

The healthiest patients come to a workshop every month

<i>Date/Time</i>		<i>Workshop</i>
Tues. Aug. 29	12pm	Posture
Tues. Sep. 5	12pm	Intro to Spinal Re-Engineering
Tues. Sep. 12	6pm	Posture
Wed. Sep. 20	12pm	Advanced Exercise
Mon. Sep. 25	6pm	Dinner with the Doc: Lose Weight Naturally (bring a guest for a FREE DINNER)
Tues. Oct. 3	6pm	Intro to Spinal Re-Engineering
Wed. Oct 11	12pm	Blood Sugar Regulation & Diabetes
Tues. Oct. 17	12pm	Posture
Mon. Oct. 23	6pm	Cancer Killers
Tues. Nov. 7	12pm	Intro to Spinal Re-Engineering
Mon. Nov. 13	6pm	Lick the Sugar Habit
Tues. Nov 21	6pm	Posture
Wed. Nov 29	12pm	Lunch with the Doc: Stress
Tues. Dec 5	6pm	Intro to Spinal Re-Engineering
Mon. Dec. 11	6pm	Spirituality
Tues. Dec 19	12pm	Posture

Workshop Saturday Specials

Sat. Sep 9	10am	Holy Hormones
Sat. Dec 16	10am	Exercise