



2018 Workshop Schedule – Wakefield

Call or sign up in the office to reserve seats for you and your loved ones!
The healthiest patients come to a workshop every month!

Wedn, 12pm	February 7 th	Spinal Reengineering
Mon, 6pm	February 12 th	Heart Health
Wedn, 12pm	February 21 st	Men's Health
Tue, 6pm	February 27 th	Brain Fit
Wedn, 12pm	March 7 th	Asthma and Allergies
Mon, 6:15pm	March 12 th	Cancer Killer – Dinner with the Doc
Mon 12pm	March 19 th	Headache Buster
Wedn, 12pm	March 28 th	Posture
Wedn, 12pm	April 4 th	Gut Check
Mon, 6pm	April 9 th	Spinal Reengineering
Mon, 6pm	April 16 th	Spring Cleaning – Household Detox
Wedn, 12pm	April 25 th	Lick the Sugar Habit
Wedn, 12pm	May 2 nd	Building Health Families
Mon, 6:15pm	May 7 th	Women's Health – Dinner with the Doc
Wedn, 12pm	May 16 th	Posture
Mon, 6pm	May 21 st	Stretching/Injury Prevention
Mon, 6pm	June 4 th	Exercise
Wedn, 12pm	June 13 th	Men's Health
Mon, 12pm	June 18 th	Spinal Reengineering
Thur, 6pm	June 28 th	Joint Health/Arthritis

Online: teamchiro.com/workshop	DVD
Deep Sleep Joint Health Exercise Advanced Exercise Posture Fed Up (Netflix) Hungry for Change (Netflix)	Exercise Advanced Exercise Boost Immune System Naturally Arthritis Posture

