



2019 WORKSHOP SCHEDULE – WAKEFIELD

Call or sign up in the office to reserve seats for you and your loved ones!
The healthiest patients come to a workshop every month!

Wed, 12pm	Jan 2 nd	Posture
Mon, 6pm	Jan 7 th	Detox and Purification
Tues, 12pm	Jan 15 th	Lunch with Doc: Gut Health
Mon, 6pm	Jan 21 st	Stretching
Thur, 6pm	Feb 7 th	Spinal Re-Engineering
Wed, 12pm	Feb 13 th	Deep Sleep
Thur, 6pm	Feb 21 st	Stress
Wed, 12pm	Feb 27 th	Immune Health
Thur, 6pm	March 7 th	Posture
Wed, 12pm	March 13 th	Brain Health
Thurs, 6pm	March 21 st	DWD: Cancer Killers
Wed, 12pm	March 27 th	Joint Health and Arthritis
Wed, 12pm	April 3 rd	Spinal Re-Engineering
Thur, 6pm	April 11 th	Asthma and Allergies
Tues, 12pm	April 16 th	Shop Smart with Morgan
Thur, 6pm	April 25 th	Exercise
Wed, 12pm	May 1 st	Posture
Thur, 6pm	May 9 th	Heart Health
Tues, 12pm	May 14 th	Lunch with Doc: Blood Sugar Regulation
Thur, 6pm	May 23 rd	Advanced Home Care Upper
Thur, 6pm	June 6 th	Spinal Re-Engineering
Wed, 12pm	June 12 th	Headaches
Thur, 6pm	Jun 20 th	Advanced Home Care Lower
Wed, 12pm	June 26 th	Men's Health

Online: teamchiro.com/workshop	DVD
Deep Sleep Joint Health Exercise Advanced Exercise Posture	Exercise Advanced Exercise Boost Immune System Naturally Arthritis Posture