

# Cancer Killer Workshop Questionnaire

[www.teamchiro.com/workshops/cancerkiller](http://www.teamchiro.com/workshops/cancerkiller)

1. What percentage of men and women today will be diagnosed with cancer?
  - a. **41.24 %**
  - b. **100 %**
  - c. **2.9 %**
  - d. **54.5 %**
  
2. What do cancer cells use for fuel?
  - a. **Protein**
  - b. **Fats**
  - c. **Sugar**
  - d. **Bacteria**
  
3. Dr. Dodd mentions \_\_\_\_\_ is “key” for optimal health.
  
4. \_\_\_\_\_ ignites cancer.
  
5. What happens when the vagus nerve is pinched?
  - a. **Sugar cravings increase**
  - b. **Energy decreases**
  - c. **Possibility of cancer decreases**
  - d. **Possibility of cancer increases**
  
6. What directly effects the vagus nerve?
  - a. **C1 being out of alignment**
  - b. **L2 being out of alignment**
  - c. **T5 being out of alignment**
  - d. **C4 being out alignment**
  
7. What is the “arc of life”
  - a. **25 degree curvature in your neck**

- b. 60 degree curvature in your neck
- c. 99 degree curvature in your neck
- d. 1 degree curvature in your neck

8. Diet soda is worse then Regular            T   /   F

9. Low fat is replaced by \_\_\_\_\_.

10. What is the foundation of our hormones, neurotransmitters and nervous system?

- a. Protein
- b. Sugar
- c. Fats
- d. Carbs

11. PART 1: If you do not have enough essential fatty acids, what happens?

- a. Oxygen gets restricted
- b. Your PH balance is off
- c. You lose energy
- d. Weight loss

PART 2: What does cancer hate?

**ANSWER:** \_\_\_\_\_

12. PART 1: What oils should you NOT cook with?

- a. Sunflower
- b. Corn
- c. Peanut
- d. Soy
- e. All of the above

PART 2: What oils should you use?

- a. Coconut
- b. Avocado
- c. Grapeseed

**d. All of the above**

13. You should use olive oil for cooking food T / F

14. What time should you eat breakfast?

- a. 8 am
- b. 11 am
- c. 3 pm
- d. Right when you wake up

15. All sickness and diseases come from \_\_\_\_\_ and \_\_\_\_\_.

16. What is the #1 deficiency?

- a. Nutrition
- b. Subluxation
- c. Sleep
- d. Exercise

17. How do you adapt to subluxation?

**ANSWER:** \_\_\_\_\_

18. You should eat food that aids to Detox your gut T / F

19. What kind of exercise should you do?

- a. Crossfit
- b. Low intensity interval training
- c. Yoga
- d. High intensity interval training

20. Optimally, where should your Vitamin D3 level be?

- a. Between 80 and 100
- b. 50
- c. Under 80
- d. Between 10 and 40

21. After your workout, you should eat \_\_\_\_\_ to recover properly.

22. How long should you wait after a work out to eat carbs?

- a. **Right after**
- b. **24 hours**
- c. **2 hours**
- d. **30 minutes**

23. What is the best drink for your work out?

- a. **Soda**
- b. **Apple cider vinegar and water**
- c. **White vinegar and water**
- d. **Gatorade**

24. \_\_\_\_\_ blood work will show you where your weaknesses are.

25. What is the #1 way to kill cancer?

- a. **Taking naps**
- b. **Getting your spine corrected**
- c. **Eating McDonald's once a week**
- d. **Attending all workshops at Team Chiropractic**